

Bean Soup Mix

The small jewelry bags with Ziploc tops you can find at hobby stores are perfect for the spice packet created below. Or use a small plastic container for the spices.

1 cup dried split peas
1 cup barley
1 cup dry lentils
1 cup uncooked brown or white rice
2 tablespoons parsley
1 teaspoon black pepper
2 teaspoons salt
2 tablespoons dry minced onion
2 teaspoons beef bouillon
2 teaspoons garlic powder
2 teaspoons Italian seasoning
2 teaspoons cumin
Jar – Wide mouth quart glass canning jar

Layer the first 4 ingredients in a jar. Mix all the spices together and create a spice packet in a small jewelry or Ziploc bag. Seal the jar and set the spice packet aside to attach to the outside of the jar when you attach the recipe.



Attach the following recipe to the jar: